



ADVISORY FROM THE LAW SOCIETY OF SOUTH AFRICA

Dear colleague

As the pandemic continues to plague the world, we know that many of our members are overwhelmed and dealing with anxiety, fear and even resilience fatigue. Please know that help is at hand. The LSSA has collaborated with PPS and the Reality wellness group to offer telephonic counselling and support.

The professional telephonic counselling service is available 24/7/365. It consists of:

- Unlimited telephonic counselling available nationally in all official languages.
- Face-to-face counselling is managed per intake; general recommendation is two to six sessions per incident (will be for the member/employee's account).
- The service is also available to immediate family of the legal practitioner or their employee (spouse and/or children living under the same roof).

The wellness programme will be provided to a maximum of 5 000 legal practitioners per month, for an initial period of six months. Contact the reality Wellness Group on: **080 11 22 550** or eppenage@realitywellness.co.za (Please provide your practice number).

When you make contact with Reality Wellness Group you are subject to the terms and conditions of Reality Wellness and the services that they provide. [Click here to learn more about the services offered.](#)

The LSSA obtains and shares no data with Reality Wellness. The only information shared is the number of people who use Reality Wellness's service.

Regards

Tony Pillay

Acting Executive Director, Law Society of South Africa

Visit our website - www.LSSA.org.za

Telephone: (012) 366 8800 **Email:** LSSA@LSSA.org.za

PoPIA, the new data protection law that protects and ensures your personal information is safe, came into full effect on 1 July 2021 and the LSSA would like to ensure that we have your consent to keep in touch. If you are happy to remain on our membership subscribers list and/or mailing list, no action is required. You are receiving this e-mail from the Law Society of South Africa as you have been receiving communications from us or have subscribed to our newsletter. If you wish to remove your details from the LSSA mailing list please unsubscribe below.